

months of the year, there are respectively seven and 12 different notes in tonal and chromatic scales. Today's pop, rock, RnB and hip-hop – all of which stem from blues and gospel – remain primitive in style and form; it could be said that there is more music in one bar of

nocturnal concerts, and there will be a series of afternoon 'cello recitals, in the Gstaad chapel. Saanen church remains the main venue for this year's edition. If you are bewildered by choice, it may be a good idea to study the program and consider the following: Would you prefer to

of a trio: Perhaps the name of a composer, the title of a work, an instrument you would like to hear, or simply the attractive image of an artist will help you to make the right decision. Sommets Musicaux de Gstaad takes place from February 2 – 9. For program details visit www.sommetsmusicaux.ch.

000 000, www.gstaad.ch at the tourist offices of Gstaad and Rougemont, or on the night. For an evening to remember, the Gstaad Palace will be hosting several gala dinners, and there will also be a fondue evening with the artists at the Café Cerf, Rougemont.

continued from page 1

and promote what is already on offer in our region. Without wishing to turn Gstaad into a ski resort for the disabled, Ski2Freedom's aim is to raise awareness with regard to snowsports for people with any kind of physical or intellectual disability, or ability, and to help raise funds in order to buy equipment and provide training for ski monitors. Already active in other regions of Switzerland, as well as in France, and with the hope of expanding the association's activities within Europe, Ski2Freedom provides a portal of information on what is available in different resorts, and links to local ski schools and hotels equipped to welcome disabled guests. Château-d'Oex part time resident Catherine Cosby, mother of a disabled daughter, is the founder of

Ski2Freedom. "We want to help each resort promote itself," she said. Catherine Cosby's work in Gstaad-Saanenland stems from an earlier collaboration with Château-d'Oex ski school, where there is already a qualified tandemski monitor. The tandemski permits people with severe physical disabilities to enjoy a downhill run in resorts where the ski lifts are adequate. "We have to look at the practicalities of each location. It's not possible to use all equipment throughout the resorts." With the help of Léonie Müller and the Frauenverein in Saanen, there is now a tandemski ready for use on the Egli, and a new sitski for the partially disabled is being purchased. "Trying to get funding for disabled sports activities in Switzerland is very difficult," said Catherine Cosby, "But with the enthusiasm of the directors of the

ski schools in the region and the people of Gstaad-Saanenland we hope this will change." Through various contacts, including the Anzeiger von Saanen's Thomas Raaflaub, a trustee of Ski 2 Freedom, members of the Swiss Disabled Ski Team will be helping to promote the region's profile on disabled snowsport activities.

For more information, contact Ski2Freedom on 0800 280 251 or visit www.ski2freedom.com. For information on what's available in the region, contact Gstaad Snowsports, 033 744 18 44 or Schönried Snowsports 033 744 3665 or Château-d'Oex Ski School, 026 924 68 48.



Ski2Freedom, a non-profit making organization registered in the UK, is helping people with disabilities, enabling them to ski and enjoy the mountains in winter.