



ESF Les Gets supports Mountains 4 All and Ski 2 Freedom

Beneficiaries Caleb and Calistus

An inclusive and accessible family ski holiday for two boys with Cerebral Palsy and Epilepsy becomes a reality with the amazing help of ESF Les Gets and Ski 2 Freedom in March 2019.

<https://www.youtube.com/watch?v=D0f12znmR9c>

Mountains 4 All is a new non-profit association which now provides the comprehensive information, support and advice to people with life-changing medical and health conditions to access the empowering benefits of mountain experiences. Life is about inclusivity and accessibility!

If you would like to help support our work and give more families the opportunity to enjoy an inclusive family ski holiday – the therapeutic benefits are priceless - then do please make a donation to the UK Charity **Ski 2 Freedom Foundation** (founded by Catherine Cosby in 2007) which helps towards the cost of assisted ski lessons and the donation of much needed adaptive ski equipment.

To Donate: www.ski2freedom.com/en/friends-of-ski-2-freedom/make-a-donation



ESF Les Gets info@esf-lesgets.com www.esf-lesgets.com

Mountains 4 All catherine.cosby@mountains4all.org www.mountains4all.org