



## Ski Weekender joins up as a Member of Mountains 4 All

Mountains 4 All is delighted to welcome Ski Weekender. Another Member to help promote, support and raise awareness of how accessible and inclusive a trip to the French Alps can be for *life-enhancing winter experiences*.

*“Happy to be renewing our association with Ski 2 Freedom / Mountains 4 All for another season, and looking forward to helping more people enjoy a wonderful experience in the mountains. Our team and I particularly love being able to help beginners and those skiers looking to get their first magical experience of the snowy mountains... and our strong links and long history of working with the ESF in Grand Bornand means we can find a sympathetic solution to meet all needs”* Paul Turnbull of Ski Weekender



Ski Weekender offer places to stay in the following resorts - winter and summer. Mountains 4 All has information on all these for accessible and adaptive ski holidays and other year-round experiences: Le Grand Bornand - Aravis; La Clusaz - Aravis; Samoens - Grand Massif; St Gervais - Evasion Mont Blanc; Les Contamines; Arêches-Beaufort.

Also on offer are walking and biking weekends and other alpine experiences especially in the summer. [www.alpinethrills.com](http://www.alpinethrills.com) [www.walkweekender.com](http://www.walkweekender.com) [www.bikeweekender.com](http://www.bikeweekender.com)

**Catherine Cosby, Director and a Founding Member of Mountains 4 All:** *“To achieve a fully inclusive and accessible ski and winter holiday takes partnership, enthusiasm, and empathy and Paul and his team from Ski Weekender certainly have this! We have had a number of beneficiaries staying with Ski Weekender and their experiences have been extremely positive. What makes it so great for us is the history Ski Weekender has with the region and ski schools so I can be totally confident of knowing how well guests will be looked after. The Aravis Lodge also has a fully wheelchair accessible annex.”*

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For more information as to how to become a Member of Mountains 4 All please contact Catherine Cosby

**Notes:** Mountains 4 All is a Swiss based non-profit Association promoting the life-enhancing benefits of mountain activities year-round. We are an advocate in supporting Inclusive, Accessible and Health Tourism. We have taken over the day-to-day operations formerly undertaken by Ski 2 Freedom Foundation and Catherine Cosby is our Director of Operations. She brings over 12 years of personal experience and expertise to Mountains 4 All. She has a personal understanding of life-changing conditions as her daughter was born with a catastrophic genetic condition Rett Syndrome. She has worked tirelessly to help ensure that children, young people and adults (of all nationalities with a diverse and wide range of medical and health-related illnesses and conditions) to have the ultimate inclusive and accessible alpine experience.